



**Coach
Nakumbe**

Speaker . Family Relationship Strategist . Mentor Coach

Coach Nakumbe - Education for Change
 Speaker • Relationship Strategist • Mentor Coach
 612.284.2151 • admin@coachnakumbe.com
 www.coachnakumbe.com

KEYNOTE • WORKSHOPS • SEMINARS • RETREATS

**Presenter and Family Relationship Strategist
 Coach Nakumbe tells your audience:**

How to ...

Get Smarter Not Even

Practical Solutions for Teens & Parents to Get Along!@

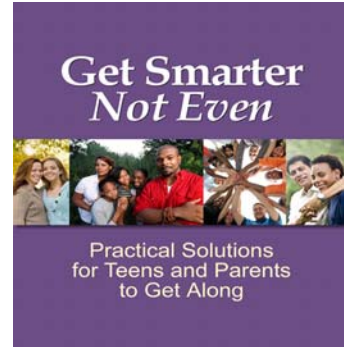
- Open up the communication channels between parents and their teens without walking on eggshells or allowing feelings of doubt and guilt influence their conversations or lack of.
- Overcome and turnaround the “Why don’t you trust me?” question that teens often ask. Learn techniques that help move the family from a doubtful position to a more trusting and cooperating family unit.
- Create a family goal plan that guides the family to long-term success. This plan is based on the families values, beliefs and traditions. Guided by core principles that are grounded in respect, honor, integrity and dignity.
- Teach parents to coach and parent today’s socially challenged teens in a way that gains respect and results *(even when dealing with sensitive issues related to dating violence, anger management, substance abuse, bullying and peer pressure).*

Whether your audience has a teen who engages in risky behaviors, such as alcohol or drugs, or one who is defiant and always pushing the limits, you can only imagine how challenging and difficult family life can be for them.

Heated arguments, chaos and confusion, and possibly even physical violence are common. What happened to that idyllic dream of a happy and healthy family – one that gets along, works toward a common goal, and creates lasting positive memories?

No matter what your audience is going through, Coach Nakumbe’s proven strategies, solutions, and tools can help you create that happy and harmonious family life with your teen that you’ve always wanted.

Order the Book on Amazon.com!



Raising a child today - especially a teenager - is much different than it was a generation ago. Increasing pressures & influences given by the media, and peers, combined with a greater prevalence of societal dangers (drugs, violence, gangs, etc.) have left teens in turmoil and families in crisis.

Parents - like any one else need:

- Support & Encouragement
- Validation & Acknowledgement
- Education & Skill Sets
- A Coach, Teacher or Mentor

Lets’ get our parents the help they need, so they are not just even pace with their teens, they’re LEADING their teens!



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Coach Nakumbe Bio

Coach Nakumbe, motivational speaker, who reaches the hearts and minds of all ages, youth pre/teen to parents, caregivers, educators and professionals. Coach has been a keynote and featured speaker at numerous national symposiums focused on personal and family growth, emotional intelligence and effective communication. With over 20 years of professional parenting and mentoring youth experience, Coach understands the pressures, relationship challenges and isolation parents, caretakers, and even youth face.

His no-nonsense approach has made Coach a trusted resource and confidant to teens and parents nationwide. His “keeping it real” approach enables him to connect with youth while, at the same time, connecting with and empowering parents and educators. Learn more about Coach and his other services at <http://www.cnffc.com>.

What others are saying...

“Raising kids in the 21st century is very challenging. Thank goodness Coach Nakumbe is on the job to offer practical, down-to-earth, sound advice. I encourage parents to take advantage of this resource.”
 – David Walsh, Ph.D. Author of *No. Why Kids-of All Ages-Need to Hear It and Ways Parents Can Say It*.

"Coach Nakumbe delivers a rare and delightful blend of stimulating ideas and practical advice. His ability to shift perspectives and skill as a coach provide the healthy nudges parents need from time to time to effect change and lead to having more cooperation, harmony and joy in their family relationships"

- Merci Miglino, Author of *Doormat to Diva*.

"Coach Nakumbe's appeal is universal. Audiences roll with laughter and applaud with enthusiasm for this speaker who does more than entertain and educate ...he touches people's lives. Mr. Nakumbe's talks are emotionally powerful, intellectually penetrating, and memorable for the humor & magic that has become his trademark."

- Dr. C Everett Koop, Former US Surgeon General

"I found the strategies taught to be very good and practical. It will definitely cause my clients to explore their attitudes and values with regard to parenting their youth. If parents read and follow what you say, they'll see their effectiveness greatly improved."

– Brenda Holmes, Parent Educator, Child Protection Serv. SC

As Seen On:



Minneapolis

StarTribune.com Minneapolis/St. Paul, Minnesota

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